



Residential Treatment for Children and Teens  
with Autism and Neurodevelopmental Disorders

## FREQUENTLY ASKED QUESTIONS

### **Q | HOW LONG WILL MY CHILD BE AT THE PROGRAM?**

**A |** The average length of stay is 3-6 months.

### **Q | HOW LONG ARE HOME VISITS AND HOW OFTEN?**

**A |** Home passes will begin when deemed appropriate by the treatment team. Typically, home passes are scheduled for 1-3 days and at least one home pass is expected prior to discharge.

### **Q | HOW OFTEN WILL WE HAVE FAMILY SESSIONS?**

**A |** Family therapy sessions will occur weekly with the therapist, or as other issues arise. You can call or email the therapist as needed as well.

### **Q | HOW OFTEN WILL MY CHILD BE ABLE TO CALL ME?**

**A |** Each resident is allowed phone calls two days per week (Tuesday-Saturday) and one call per day, limited to 10-15 minutes. Phone calls are scheduled upon admission with his/her assigned case manager. Video calls are also allowed.

### **Q | WHEN CAN I CONSULT WITH THE PSYCHIATRIST?**

**A |** You can consult with a psychiatrist during weekly treatment team and by appointment as needed.

### **Q | DOES NORRIS ACADEMY ACCOMMODATE SPECIAL DIETARY NEEDS?**

**A |** Yes, accommodations are made for special dietary needs based on physician's orders.

### **Q | HOW OFTEN IS FOOD PROVIDED?**

**A |** All residents are offered three meals and three snacks every day.

### **Q | WHO WILL PROVIDE TRANSPORTATION?**

**A |** Legal guardians will be responsible for transportation for admission and other appointments. If the child is in state's custody, staff at Norris will collaborate with the state regarding necessary transportation.

### **Q | WHEN CAN I COME VISIT MY CHILD?**

**A |** We encourage frequent visits after your child has been at Norris for 72 hours. During treatment, families are required to complete two on-site visits. After the completion of those visits, residents may begin off-site visits with guardians that are coordinated with the child's therapist.

### **Q | WHAT ACADEMICS ARE OFFERED AND WHAT DOES A SCHOOL DAY LOOK LIKE?**

**A |** Norris Academy follows the Anderson County School Schedule. During the regular school year the students attend school Monday-Friday 8:00 a.m.-3:00 p.m. and during the summer the school schedule is 9:00 a.m.-2:00 p.m.

### **Q | WHAT SHOULD I PACK FOR MY CHILD TO BRING TO NORRIS?**

**A |** Please pack five changes of clothing. *(Details of packing are in our handbook; please limit the number of personal items that are packed.)*

### **NORRIS ACADEMY**

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[norriscademytn.com](http://norriscademytn.com)